
MINESTRE SOUP

- MINISTRONE DI VERDURE (V,VO, G) R75**
A blend of seasonal chunky vegetable soup served with ciabatta bread
- ZUPPA AL POMODORO (V) R90**
Roasted tomato soup with mascarpone and basil pesto served with ciabatta bread

ANTIPASTI STARTERS

- INSALATA MISTA LA CANTINA (V,VO, G) R95**
Mixed greens, cherry tomatoes, cucumber, parmesan shavings and balsamic dressing
- BURRATA (V) R165**
Fresh soft centred mozzarella cheese served with cherry tomato confit, basil pesto and balsamic glaze
- ADD PARMA HAM (P) R35**
- CALAMARI FRITTI R110**
Delicious deep fried Patagonia calamari served with aioli and micro herbs

SPECIALITA' SPECIALITIES

- LASAGNA AL FORNO R165**
Homemade beef lasagne, bolognese, mozzarella, béchamel sauce and Parmigiano
- GNOCCHI:**
- A choice of:**
- GENOVESE (V) R135**
Basil pesto and Parmigiano
- AL GORGONZOLA (V) R165**
Creamy gorgonzola sauce and Parmigiano
- AL RAGU R175**
Homemade bolognese sauce

(G) Gluten Free Option, (N) Contains Nuts,
(P) Contains Pork, (V) Vegetarian, (VO) Vegan Option

PASTA

*Gluten free pasta available on request

RIGATONI

A tube shaped pasta varying in length, larger than penne and sometimes slightly curved originating from central to south of Italy. The word 'rigatoni' comes from the word 'rigato' which mean 'ridged or lined'

A choice of:

NAPOLETANA (V) R110
Tomato, basil and olive oil

ARRABIATA (V) R115
Tomato, basil and fresh chili

BOSCAIOLA R145
Chicken, mushroom, cream, parsley and Parmigiano

SPAGHETTI:

A staple food of traditional cuisine, long, solid thin pasta made from durum wheat. They come a long way from the Roman Empire times originating from Sicily

A choice of:

AGLIO AND OLIO (V) R95
Garlic, fresh chili, and Parmigiano

AL RAGU R155
Homemade bolognese sauce

SCOGLIO R165
Seafood medley, garlic, fresh chili and fresh parsley

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PIZZE

PIZZA

*Vegan cheese and gluten free base options available on request

FOCACCIA (V,VO)	R65
Garlic, olive oil, feta cheese and oregano	
MARGHERITA (V,VO)	R75
Mozzarella, tomato and oregano	
PROSCIUTTO COTTO E FUNGHI (P)	R105
Mozzarella, tomato, ham, mushrooms and oregano	
QUATTRO STAGIONI (P)	R140
Mozzarella, tomato, artichokes, ham, olives, mushrooms and oregano	
FRUTTI DI MARE	R135
Mozzarella, tomato, prawns, mussels, calamari, garlic, chili and oregano	
PIZZA LA CANTINA (V)	R125
Mozzarella, tomato, caramelized onion, Brie cheese, rocket and roasted sesame seeds	
PIZZA BURRATA (V)	R169
Tomato base, confit cherry tomato, basil and fresh Burrata mozzarella	
PIZZA PRIMAVERA (P)	R125
Mozzarella, tomato, bacon, spinach, feta and avocado	
PIZZA ARUGULA (P)	R125
Mozzarella, tomato, confit cherry tomato, bacon and rocket	
PIZZA AMERICANA (P)	R140
Mozzarella, tomato, chorizo sausage, salami and onions	
PIZZA VEGANA (V,VO)	R110
Tomato base only, olives, grilled peppers, capers and oregano	

EXTRA TOPPINGS

PER EXTRA TOPPING

Mushrooms olives bananas artichokes peppadews pineapple feta cheese peppers onions rocket	R20
Bolognaise salami bacon chicken calamari ham mussels	R30
Pancetta prawns tuna Parma ham	R40

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la cantina
MODERN HEALTHY ITALIAN

PESCE FISH

*All mains are served with one side of your choice

PESCE DEL GIORNO AL FORNO **R190**
Grilled line fish topped with capers, lemon butter sauce and fresh parsley

DALLA GRIGLIA FROM THE GRILL

*All mains are served with one side of your choice

COSTATA DI MANZO (300g) **R225**
Grilled beef rib eye steak topped with a balsamic and rosemary butter and grilled plum tomato

PETTI DI POLLO ALLA PARMIGIANA **R155**
Crumbed chicken breast supreme with grilled eggplant, napoletana, mozzarella and Parmigiano

CONTORNI SIDE DISHES

SIDE DISHES (PER ADDITIONAL) **R35**

- Rustic cut chips
- Italian sautéed vegetables
- Green side salad

SAUCES (PER ADDITIONAL) **R35**

- DEL BOSCO - Creamy wild mushroom sauce
- AL PEPE - Green peppercorns, cream and brandy sauce

DOLCE DESSERT

CAKE OF THE DAY **R48**

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